



The Covid-19 situation is quite good at the moment but we are expecting a second wave to appear. The general instructions on personal protection are to be tightened this week and for example it is expected to recommend the use of personal protection (facial mask) in public transport. We are seeing a slight rise in the positive Covid-19 samples. We have a few infection chains at the moment where the index patient has come to Finland without any symptoms and developed symptoms within the incubation period (2-14 days).

As a general rule a person coming from abroad is to be expected to be in quarantine-like conditions for 14 days. There is an exemption list by the Ministry of Foreign Affairs for countries from which you can enter Finland without quarantine. At the moment South-Korea is on that list but France isn't.

As a general rule, air travel is a very risky way of travelling. It is the main reason for example why influenza spreads throughout the world every year. Airports are one place where infections spread and scientific studies have shown that surfaces for example in the security check are swarming with pathogens (viruses, bacteria). It is also shown that travelling in the aeroplane is very risky if there is a person spreading the virus up to 4 rows in both directions from one's own seat. Although if someone is coming from a country in the exemption list if there is a change of plane then that person is actually in double risk to get an infection from an airport.

Club's medical team's standpoint is that there should be no exception as to following official guidelines. So if a visitor comes from France there should be 14 days quarantine. It is also the medical team's opinion that anybody coming from abroad should follow very strict cautionary actions even if the person is coming from a country in the exemption list. That is, no person to person contacts with players or anybody who is constantly in the same indoor space as the players. The person should not be in the indoor space with the players, staff etc. even if there was 2m space between the said parties. In the outdoor setting the person cannot come in contact with players etc. and there should be 2m space AT ALL TIMES. The person cannot handle the same ball as the team and should not touch equipment on the field. To be clear, the cautionary actions mentioned before only apply to persons coming in from a country in the exemption list.

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